I recently attended a United Association political action conference. It was an informative meeting focusing on the upcoming Presidential and US Senate elections. The UA has made it a priority to elect a labor friendly President and US Senator that will support working families’ issues. As I mentioned last month, the UA General President has a close personal relationship with the Democratic presidential candidate Senator Barack Obama and has had an opportunity to voice our concerns with the Senator. Senator Obama spoke by phone to the attendees of the PAC conference, stating that one of his first priorities will be to sign an executive order to make Project Labor Agreements the normal course of business for federally funded projects. We believe that Senator Obama and Former Governor Jeanne Shaheen are the candidates that best champion our concerns on a national level. Both support the Employee Free Choice Act, which could open the door to union membership to many Americans without the harassment of employers. They both support investing in the American infrastructure, employing American workers to rebuild this country. Both these candidates know the struggles that working families face with the rising cost of health care and fears of losing retirement security.

How you vote is a personal decision. Please look at the candidates and vote on November 4th.

JOURNEYMAN TRAINING:
Gas Fitter Continuing Education: Throughout the year we will be scheduling vendors for presentations and there will be NFPA 54 Gas Code seminars that will satisfy the State of NH Gas licensing requirements. Please check the Local 131 website and this newsletter for upcoming events!

There are several educational opportunities for all UA members! There is UA sponsored training at various training centers across the country, on-line courses and through Washtenaw Community College’s College on Demand. If you are interested in pursuing any of these avenues please make the call! These opportunities are within everyone’s reach!

APPRENTICE CLASSROOM TRAINING:
Classes are progressing well! All apprentices are working towards their OSHA 30 safety training and are working hard on their classroom studies!
Please continue your support….your continued support in mentoring our apprentices is appreciated. These individuals are the FUTURE of our organization. It is they who will allow us to prosper!

PLUMBING SEMINAR:

All members are encouraged to keep up their UA certifications. Please take a moment to review yours! If you have questions please make the call to get your answers!
Get Out & Vote!  *Consider these candidates endorsed by The UA and the NH AFL-CIO.*

**NATIONAL RACES – ENDORSED BY THE UNITED ASSOCIATION**

- **US President** - Barack Obama (D)
- **US Senate** - Jeanne Shaheen (D)
- **US Congress 1st District** - Carol Shea-Porter (D)
- **US Congress 2nd District** - Paul Hodes (D)

**NEW HAMPSHIRE STATE RACES – ENDORSED BY NH AFL-CIO**

- **Governor** - John Lynch (D)

**Executive Council**

**District 1**
- Raymond Burton (R)

**District 2**
- John Shea (D)

**District 3**
- Beverly Hollingworth (D)

**District 4**
- Bob Bruce (D)

**District 5**
- Debora Pignatelli (D)

**State Senate**

- **District 1**
  - Martha Stroup McLeod (D)
- **District 2**
  - Deborah Reynolds (D)
- **District 3**
  - Bud Martin (D)
- **District 4**
  - Kathleen Sgambati (D)
- **District 5**
  - Matthew Houde (D)
- **District 6**
  - Jackie Cilley (D)
- **District 7**
  - Harold Janeway (D)
- **District 8**
  - Jay Phinizy (D)
- **District 9**
  - Molly Kelly (D)
- **District 10**
  - Peggy Gilmour (D)
- **District 11**
  - Bette Lasky (D)
- **District 12**
  - Sandy Amlaw (D)
- **District 13**
  - Bob Backus (D)
- **District 14**
  - Bob Backus (D)

**State Representative**

- William Stetson
- Gary Vermillion
- Robin Read
- David H. Watters
- Larry Converse
- Matthew Quandt
- Charles Weed
- Susan Smith
- Art Swed
- Richard Komi
- Andrew Sylvia
- Valerie Hardy
- Deborah Wheeler
- Sally Kelly

- Michael Bartlett
- Martin Poitzsch
- Pamela Hubbard
- Timothy Harrigan
- Dorothy Knightly
- Ed Allard
- Barbara Hull Richardson
- Charles Townsend
- Dan Sullivan
- Joan Sullivan Fluery
- David Cote
- Alejandro Urrutia
- Beth Roed
- Eileen Ehlers

- Robert Williams
- Joel Saren
- Kenneth J. Ward
- Janet Wall
- Ronald Scaccia
- Judith Reever
- Troy Merter
- Jennifer Daler
- David Paquette
- Patrick Arnold
- Jane Clements
- John Knowles
- Barbara French
- Mary Stuart Gile

- Jessie L. Osborne
- Robert “Renny” Cushing
- Robert L. Theberge
- Louis J. Zeller
- Richard DiPentima
- Larry Brown
- John Cloutier
- Joe Russell
- Delmar Burridge
- Robert L. Theberge
- John R. White
- Nick Arancio
- John R. White
- Richard Howard
- Matthew Houde
- Janice Foulks

**State Legislature**

- Dennis Abbott
- David Borden
- Edward Butler
- Mary Clooney
- Thomas Donovan
- Carol Friedrich
- Jill Hammond
- Pamela Hubbard
- Marcia Moody
- Terie Norelli
- Philip Preston
- Trinka Russell
- Marjorie Smith
- James Aguilar
- Carole Brown
- Timothy Butterworth
- James Cyr
- Daniel Eaton
- Patrick Garity
- Suzanne Harvey
- John Kelley
- Lori Movsesian
- Laura Pantelakos
- Timothy Robertson
- Tara Sad
- Richard Snow
- Janet Wall

- Susan Almy
- Thomas Buco
- William Butynski
- Frank Davis
- Linda Foster
- Jeffrey Goley
- William Hatch
- Anugle Kopa
- Catherine Mulholland
- James Phinzy
- Deanna Rallo
- Peter Schmidt
- Judith Spang
- Mary Wallner

- Benjamin Baroody
- Thomas Buco
- Kimberly Casey
- John DeJoie
- Linda Foster
- Mary Gorman
- Roland Hofmann
- Patrick Long
- Suzi Nord
- James Phinzy
- Cindy Rosenwald
- Joan Schulze
- James Spleaine
- Lucy Weber

- Jane Beaulieu
- Rachel Burke
- Claire Clarke
- Stephanie DeStefano
- Barbara French
- Christine Hammond
- Doreen Howard
- Paul McEachern
- Sharon Nordgren
- Maurice Pilotte
- Emma Rous
- Gilman Shattuck
- Yvonne Thomas
“There has never been a statue erected to the memory of someone who let well-enough alone.”

- Jules Ellinger

5 Tips to Go Green at Home

1) Turn down the thermostat. Lowering it by just one degree can reduce heating energy costs by about four percent.

2) Use ceiling fans in the summer AND winter. By reversing the direction of the blades, warm air is pushed down, helping to keep rooms warm in winter.

5) Install low-flow showerheads, faucets, and toilets. Low-flow faucets reduce water consumption and the cost of heating water by as much as 50 percent. Using a low-flow toilet can save Americans 2.1 trillion gallons of water and $11.3 million dollars in heating energy nationwide every day.

9) Eliminate waste by choosing products that are biodegradable or recyclable. Consider the “lifecycle” of furnishings and accessories before purchasing: Are they made of materials that can be reused or recycled when the item eventually wears out or is no longer needed?

10) Recycle packing and shipping materials from any newly purchased items, and safely dispose of paint cans and other containers with contents that could potentially contaminate the ground or water supply.

If I was in Florida and dropped a heavy ball into a bucket of water which was at a temperature of 45 degrees F and dropped another identical ball into an identical bucket of water at a temperature of 30 degrees F, which ball would hit the bottom of the bucket first?

The ball would reach the bottom of the 45 degree F bucket because the water is frozen in the 30 degree F bucket.

Member News

Condoledences to Brother Gary Travis whose father passed away Sept 16th.

Well Wishes to Brother Ken Prunier who is fighting a losing battle with asbestosis.

Next union meeting

Wednesday - Oct. 8, 2008
7:00 PM

The monthly Retirees’ Breakfast gathering is held the first Monday of each month. The next is Monday, Oct 06, 9:00 am at City Side Grill in Concord

The next retiree meeting is Tuesday, Oct 14, 2008 - 10:00 am.

** Attendance at September Retirees Meeting ** Leo Plourde, Al Plourde, Jimmy Jenkins, Ken Philbrick, George Fogg, Bob Patch, John Trisciani, Lane McDuffee, Roland Hill, Roger Stevens, Gloria Beauclair, Paul & Jane Scarlett, Bob Gadsby, Norm & Lorraine Dunbar, Jack & Mary Robinson, Bill & Doris Mulvey, Bob Drew, and Jimmy Griffin.

It was great to see a good turnout for the first meeting of the new dues year. And especially nice to see some spouses here as well. Ask anyone in the list above – it’s pleasant to visit with fellow retirees. And coffee and snacks are always provided! From time to time we have guest speakers as well. This meeting we heard a short presentation by Tom Callahan from the NH AFL-CIO regarding the Employee Free Choice Act. In the future we hope to have other speakers give presentations on a variety of topics: health care, Medicare, local politics, etc… If there is a subject you’d like to see addressed or you know someone you’d like to suggest come speak with us, please give me a call. My number is on the outside of this newsletter. So are all the numbers for the Local 131 office, Insurance Programmers, SAV-RX, Comerica, and the National Pension office. Cut it out and stick on your bulletin board or refrigerator.